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PAGE 15



Goldeyes

OPEN HOUSE TOMORROW

SHAW PARK

10 AM - 2 PM

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WINNIPEG

metro

WEEKEND, May 4-6, 2012

News worth sharing.

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CL-415 water-bomber pilot Angus Forsyth stands next to one of the new planes. DAVID BAXTER/FOR METRO

New planes drop double the water

Ministry. Province has never been more ready to fight forest fires

DAVID BAXTER
winnipeg@metronews.ca

The province of Manitoba's fight against forest fires will get a much-needed upgrade this summer with the addition of two new water bombers.

The new CL-415 bombers were on display Thursday at the hangar at 900 Ferry Rd. Minister of Conservation Gord Mackintosh said the new planes will make a big difference in the fire fight this summer.

"They can drop almost twice the number of water in an hour than the old ones," said Mackintosh.

"...We've never been more

ready to fight the forest fires of this province."

The total cost for each bomber was \$33 million, but, according to Mackintosh, maintaining the old planes was having negative effects on the province's ability to fight forest fires.

"The parts got more and more expensive, the repairs got more frequent and the downtime was more frequent, and when you have downtime in those summer months, it can really impair your ability to fight forest fires."

Pilot Graeme MacIver said flying the old planes was like "driving an old truck without power steering."

"It was quite a work out on the arms. It's unbelievably less stressful."

The province introduced a third new bomber last year and a fourth will arrive later, perhaps this year.

Scribe spied on me: T.O. mayor

Toronto mayor Rob Ford demands Toronto Star journalist be removed from city hall beat

PAGE 7

This price tag is worth a Scream

Edvard Munch's iconic Scream painting sells for a record \$119.9M at auction in New York

PAGE 14

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PUBLIC OPEN HOUSE

Preliminary Engineering Study to Upgrade the Pembina Highway Underpass

We invite you to attend a Public Open House to review and provide feedback on three options being proposed for improvements to the Pembina Highway Underpass.



Option #1

Remove the existing sidewalk on the east side of the underpass to provide space for a third northbound lane. Construct pedestrian and cycle paths on the east and west side of underpass by tunneling through the existing railway embankment.



Option #2

Replace the existing railway bridge with a new bridge in the same location to provide space for third lane northbound and increase lane widths on the existing lanes. Construct pedestrian and cycle paths on the east and west side of Pembina within the street right of way.



Option #3

Replace the existing railway bridge with a new bridge on a new alignment to the north to provide space for third lane northbound and increase lane widths on existing lanes. Construct pedestrian and cycle paths on the east and west side of Pembina within the street right of way.

Date: Wednesday May 9, 2012 **Time:** 4:00 PM to 8:00 PM (drop-in format)

Location: Association of Professional Engineers and Geoscientists of the Province of Manitoba (APEGM)
870 Pembina Highway, Winnipeg, Manitoba

For more information, please visit www.Winnipeg.ca/PembinaHighwayUnderpass
or call 453-2301, ext. 4048



Family loses everything but what matters in fire



Rob and Erin Brunel speak to media Thursday after losing their Ste Rose du Lac home to fire over the weekend. They were in Winnipeg taking their son to cancer treatment when the fire started. SHANE GIBSON/METRO

Brunels. Ste Rose du Lac household with son fighting cancer loses home to blaze



SHANE GIBSON
shane.gibson@metronews.ca

When the Brunel family pulled out of their Ste Rose du Lac driveway last Thursday to rush their two-year-old son into the city for cancer care, they had no idea it would be the last time they would see their home.

After getting their son Larsen safely to the Health Sciences Centre, the couple received a frantic call Saturday afternoon letting them know their house was on fire.

"It was my mom on the line and all she could say was, 'Erin your house is on fire, what do we do?'" said Erin Brunel in Winnipeg Thursday. "We just yelled, 'Get out and don't go back in.'"

The Brunels' home and everything in it was completely destroyed.

Erin and her husband, Rob, held a press conference at the CancerCare Manitoba office in Winnipeg Thursday to tell their story.

"We're upset about losing our home but we're still focus-

ing on getting Larsen better," said Erin.

The devastating news of the fire came just a day after doctors gave the couple the best news they could hope for — Larsen, who was diagnosed with acute lymphoblastic leukemia last August, is well enough to undergo a bone-marrow transplant and their daughter Myley, 4, is a perfect match.

Fortunately, Myley and everyone in the house were able to get out safely.

"(Myley) is going to give her brother a special gift," said Erin. "Everything else can be replaced."

The Brunels say family, friends and neighbours have rallied around them to provide everything from food and clothes to a place to stay.

"We're extremely grateful," said Rob, adding anyone who wants to help can do so by simply donating blood. "Those are gifts that people can give that not only help us but, many other people who go through this."

Larsen finished his last day of chemotherapy Thursday and doctors tell the family he may be ready for the transplant surgery before the end of the month.

Follow Shane Gibson on Twitter @tsigibson



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NEWS

On the web

Stick figures no longer en Vogue

Vogue magazine, perhaps the world's top arbiter of style, is making a statement about its own models: Too thin is no longer in. The 19 editors of Vogue magazines around the world made a pact to project the image of healthy models. Find out more at metronews.ca

Mobile news



The kids are all right. A new study suggests 60 per cent of teens use 'the most effective' kinds of contraception, including the pill and patch. Scan the code for the story.

20% of water, sewer revenue goes to general funds: PUB

The Public Utilities Board (PUB) says the City of Winnipeg hasn't been transparent about the fact 20 per cent of revenue collected from sewer and water goes to general revenues, not sewers.

In a 48-page order published Thursday, the PUB stated the city has diverted about \$45 million a year, or 20 per cent

of revenue generated by water and sewer charges, towards the general-revenue fund.

"This represents a hidden property-tax increase that should be made explicit and transparent," said the order.

Winnipeg is currently the only municipality that does not have its water and sewer rates set by the PUB, thanks to

a section of the city charter that grants the city the jurisdiction to do so.

The PUB recommended that the city relinquish the power to set its own rates to the PUB, something Canadian Taxpayers Federation spokesperson Colin Craig said should be considered.

"It's definitely something

that should be looked at seriously," said Craig. "Sewer and water rates, the revenue from those services should be going back into those services."

A spokesperson for the City of Winnipeg said the municipality has its customers' best interests at heart.

"Winnipeg's rates are set under a transparent, public

process through the committees of council. Councils in major Canadian cities including Vancouver, Edmonton, Calgary, Regina, Toronto and Ottawa approve water/sewer rates, not public-utility boards."

The spokesperson also said other cities use revenue from utilities for other projects.

ELISHA DACEY/METRO

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MEG IN THE CITY LAUNCHES WITH STAR POWER



MEG IN THE CITY
Meghan Duffy
Twitter @btmteghanduffy

Hello, Winnipeg! If you don't watch Breakfast Television each morning from 6-9 a.m. on City TV, then you probably need a Meghan Duffy 101 course.

Here it is: This blonde spitfire was born and raised in Fort Whyte, Man., to my loving parents, Cheryl and Gerry, who will be celebrating their 32nd wedding anniversary this June. With stars in my eyes, I grew up alongside my older sister Ali and baby sis Dani, short for Danica.

Let's fast-forward, shall we? Since graduating from the Creative Communications program at Red River College, I have been globetrotting professionally through the "small ports" of Berlin, Los Angeles, Toronto, Miami and, yes, even Regina. A few months ago, I was back to my beloved Winnipeg. Blame the Jets.

If that wasn't enough life change to make Oprah Winfrey launch a new OWN series, this past January, my boyfriend of three years, Callum, popped the question while we were at his family's cabin.

Coupled with my new gig as co-host and producer of City TV's Breakfast Television and my engagement, you can say life is pretty perfect, albeit hectic and sometimes stressful. You try planning a wedding when you wake up at 3 a.m.!

What can you expect?

"I'll be focusing on must-attend events taking place in Winnipeg, and also give you the behind-the-scenes scoop when I interview the who's who. And if you're good, maybe some fun local gossip!"

And now, I'm Metro Winnipeg's newest columnist. What can you expect? I'll be focusing on must-attend events taking place in Winnipeg, and also give you the behind-the-scenes scoop when I interview the who's who. And if you're good, maybe some fun local gossip!

Kilt sold separately: Last week, I stepped "into the fire" with Scottish music sensation Johnny Reid who invited me backstage at the MTS Centre exclusively to hang. When I told

him in 10 month's time I was marrying a Scot, he said, "God bless, 'ya,'" grinning ear-to-ear, adding, "I think you're going to have a lovely life." I think he may be onto something there. If I had three words to describe Reid they would be humble, genuine, and passionate — and you can tell he misses his family dearly while touring.

Speaking of Stars: On Wednesday, Investors Group Stars on Ice Presented by Lindt comes to the MTS Centre. Moms and dads, you may want to mark this date down, as it could be a great night out with the little ones. Online reviews for this family-friendly show have been great.

Incendiary act: Thursday, Rammstein hits the stage at the MTS Centre. The Berlin based sextet has made its mark with incendiary live performances to sold-out audiences worldwide. If you like pyrotechnics, you will love this show. Rammstein lovers will be the first to say that their tour is long overdue as the band spent nearly a full decade without stepping foot on North American soil.

Catch Meghan Duffy on Breakfast Television Monday to Friday from 6-9 a.m. on City TV.



Meghan Duffy with Johnny Reid at the MTS Centre. MEGHAN DUFFY/METRO

Bye. Down to the last cent

The last penny will be produced at the Royal Canadian Mint on Friday.

A ceremony commemorating the end of the production of the penny with a coin strike will be held Friday morning at the Lagimodiere Boulevard plant.

Dignitaries attending the event include Finance Minister Jim Flaherty, who is also the minister responsible for the Royal Canadian Mint, St. Boniface MP Shelly Glover, parliamentary secretary to the minister of finance, and Ian Bennett, president and CEO of the Royal Canadian Mint.

Due to limited space, the event is not open to the public.



The last penny will be produced Friday. ELISHA DACEY/METRO

The decision to end production of the penny was included in the March budget put forward by the Stephen Harper government.

The feds say ceasing production will save \$11 million per year by eradicating the 1.6 cents it costs to make a penny.

BERNICE PONTANILLA/METRO

Sticker up. City holding a curbside giveaway next weekend

The City of Winnipeg will hold its semi-annual curbside giveaway weekend on May 12 and 13.

City residents are encouraged to leave reusable items in good condition on their curbs and they can be picked up by those who can find use for them.

The city is asking those who participate in the giveaway to place unwanted household items on their front curb and label them with a sign or sticker that says 'Free.' **METRO**

For more local news visit metronews.ca



Free to go — but only if it says so

- The city is also asking that residents cruising for free items only take stuff that is marked free and respect people's property.

Goldeyes hold free open house Saturday

Fun at the ballpark. It's the 1st day of training camp and you're invited

Quoted

"There will be games in the concourse. There's a pitching booth, balloons and fans can take a tour of the facility."

Scott Unger,
Goldeyes Media Relations Manager

DAN
BAXTER
For Metro in Winnipeg

Winnipeg Goldeyes fans will have their first opportunity to see the players that hope to make up the 2012 squad at the Goldeyes annual open house Saturday.

The Goldeyes have made it an annual tradition to have an open house on the first day of training camp, and it allows fans to see the players work out and also have some fun at the ballpark.

"The players will be working out from 11 a.m. until 2 p.m. and fans can watch and get to know the guys," said Goldeyes Media Relations Manager Scott Unger.

"There are lots of new guys this year," he said. "It's independent baseball and there is lots of turnover every year."

"There will be games in the concourse. There's a pitching booth, balloons and fans can take a tour of the facility."

As well, it will be the first day that single game tickets will be made available."

The Goldeyes will also play an exhibition game against the University of Winnipeg Wesmen baseball team on May 11, something Unger says the team and the Wesmen are excited about.

"The Wesmen wanted to play more games and we are always looking to play more exhibition games. It's hard to get teams to come up here for exhibition games, being so out of the way."

Season opener

Goldeyes regular season kicks off May 18 in Amarillo, Texas.



Fan favourite and team mascot Goldie will be at the open house to entertain. THE WINNIPEG GOLDEYES

Criminal court

Guns-for-drugs scheme could mean long prison stint for 'Peg man

A Winnipeg man who pleaded guilty in a gun-smuggling operation that helped a co-accused feed a drug habit could be facing 11 years in prison.

The Crown and defence are recommending nearly a dozen years behind bars for Adrian Lemay, who pleaded guilty this week to several weapons and trafficking-

related charges.

Lemay and Robert Finlayson were arrested two years ago after a police investigation into the flow of guns through a Winnipeg warehouse that distributes firearms across the country.

Finlayson, who worked in the business, pleaded guilty last year and got eight years in prison for his role in the

theft and sale of weapons to help him buy drugs.

Lemay admitted he would purchase the guns, which would then be re-sold once the serial numbers were removed.

Provincial court Judge Ted Lismer has reserved his decision on the sentencing recommendation until May 23. **THE CANADIAN PRESS**



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[†]Bonus AIR MILES offer is valid May 4-6, 2012 when you present your Collector Card at the time of purchase. Offer not valid on online purchases. No coupon required. Valid for a minimum purchase of \$50 in a single transaction, net of refunds and exclusive of taxes, discounts, and gift card purchases. Offer cannot be combined with any other AIR MILES Bonus offer. This is an exclusive offer and is non-transferable. The Children's Place reserves the right to change or cancel the offer at any time. ^{††}Offer valid May 4-6, 2012 after all discounts and exclusions are applied. 5x Bonus offer applies to base reward miles earned in a single transaction. Base offer is 1 AIR MILES reward mile for every \$25 spent at Toys "R" Us or Babies "R" Us locations in Canada (excluding Quebec) in each calendar month, after all discounts and exclusions are applied. Exclusions include, but are not limited to: all taxes, delivery services, assembly services, buyer protection plans, all gift cards, electronic levies, charitable donations, environmental fees, other third party fees and online orders created at store and shipped to customer. Other exclusions may apply. AIR MILES Vendor Bonus offers are only applicable to in-stock merchandise for the duration of the flyer. AIR MILES reward miles offers not available for online purchases. See store for details. ^{†††}Offer valid May 3-13, 2012. Earn 50 Bonus AIR MILES reward miles on an eligible purchase with a net transaction of \$300 or more in a single transaction, after discounts and before taxes. Offer excludes gift card purchases and prior purchases. No coupon required. Other exclusions may apply. See Jewellery Consultant for details. [‡]Offer valid May 4-6, 2012. Earn 10x the AIR MILES reward miles on each item when total purchase is over \$100 (excluding taxes). Base offer is 1 reward mile for every \$20 spent excluding online shipping and taxes. Bonus offer applies to each item when the purchase totals the required amount. No coupon required. Limit 1 offer per transaction. Offer cannot be combined with any other offer. No cash value. Offer valid at time of purchase only, applies to total base reward miles earned and cannot be combined with any other offer. Please allow up to 90 days after the offer end date for Bonus reward miles to appear within your Collector Account. ^{‡‡}Offer valid May 3-9, 2012 inclusive. Earn Bonus AIR MILES reward miles when you spend at least \$50 in a single transaction, excluding taxes, disposal surcharges and Membership Fees, at participating Visions Electronics locations in British Columbia, Alberta, Saskatchewan and Manitoba. No coupon required. Collector Card must be presented at the time of purchase. Offer not valid for online purchases. Offer cannot be applied to previous purchases or combined with any other AIR MILES discount or Bonus offer. Offer not open to Visions Electronics employees. No cash surrender on this AIR MILES offer. Actual awarded Bonus reward miles vary based on purchase amount. Other exclusions may apply. See in-store for details. ^{‡‡‡}Offer is valid on new, individual Transat Holidays vacation packages only including airfare and a minimum of 7 nights accommodation at an Occidental Hotels and Resorts property booked between May 4-6, 2012 for departures May 4 - October 31, 2012. Not applicable on group rates, child fares or last-minute bookings (21 days or less prior to departure). Bonus offer cannot be combined with any other promotional offer. Limit of one Bonus offer per room booked. Other conditions may apply. Full offer details are available from your Marlin Travel Professional. Marlin Travel is a division of Transat Distribution Canada Inc. ON Reg. #50015084. BC Reg. #23567. Head Office: 191 The West Mall, Suite 700, Etobicoke, ON, M9C 5K8. Offer code: SRSP120C. ©™ Trademarks of AIR MILES International Trading B.V. Used under license by LoyaltyOne, Inc. Sponsor trademarks are owned by the respective Sponsor or authorized for their use in Canada.



Photo. Forks looking for witnesses to arsons

The Forks is looking for potential witnesses to Monday's arson.

A spokesperson for The Forks said they released a photo submitted to them of three teens who were in the area when the fire started. While the photo was not meant to be released publicly, it was released to the Downtown Security Network, which was then leaked to the media.

"We're looking for them

because we feel they might have been witnesses to what happened," said Clare MacKay.

The photo was taken by a passer-by seconds after the fire started, said MacKay. On Monday, several docks were set on fire near the Forks, causing \$40,000 damage. A week earlier, the same docks had been set ablaze. The Downtown Security Network is made up of more than 100 local businesses and associations. **METRO**



Staff from The Forks are hoping to talk to three teens who may have seen who set a fire on Monday. **METRO/THE FORKS**

Rooming house. Weeks before woman's death solved: Police

Winnipeg police are still calling the discovery of a woman's body in a West End rooming house on Tuesday a suspicious death investigation, but they haven't ruled homicide out completely.

"It hasn't been confirmed either way," Cst. Jason Michalysen told Metro Thursday. "An autopsy has been completed, however there's toxicology reports that are still outstanding so we're waiting for those results."

"The door's not being

closed, but at this point it's not being classified as a homicide."

Officers were called to a two-storey house at 854 Home Street around 12:30 p.m. after the body of a 39-year-old woman was discovered in a suite in the rooming house.

Investigators from the Homicide Unit were on scene when the body was removed Tuesday, and Michalysen confirmed homicide detectives are still conducting interviews.

SHANE/GIBSON METRO

Arrested. Man accused of sex assaults caught in Spain

A man accused of sexual assaulting boys in Manitoba in the 1980s has been arrested overseas.

Winnipeg police say Iain Kenneth Smy (as in SHY), who is 49, was arrested Monday at a home in Malaga, Spain, and is being held in custody while authorities apply for his extradition. Smy was first arrested in Ontario in 2009 and charged with nine counts of sexual as-

sault involving boys between 11 and 15 years old.

The offences are alleged to have occurred in Brandon, Man., between 1984 and 1988.

Smy was released on bail, skipped out on a court date in July 2010 and was believed to have fled the country. Working with Interpol and several European police agencies, investigators say they were able to track Smy's travels. **THE CANADIAN PRESS**



The new Airport terminal has received rave reviews in its first six months of use, according to the WAA. **METRO FILE**

Fate of old airport site unclear; ideas brewing

Terminal. Possibilities include a mini-terminal or a medical clinic



BERNICE PONTANILLA

bernice.pontanilla@metronews.ca

While basking in the rave reviews of the new terminal, the Winnipeg Airports Authority is looking at potential future uses for the old.

"By October, you will see

that basically gone," Barry Rempel, president and CEO of the Winnipeg Airports Authority, after the annual general meeting at the Fairmont Hotel on Wednesday.

"There are a lot of ideas bubbling, but we don't know what is going to stick on the wall. But it has to have an aviation connection."

So far, space has been promised to the Western Canada Aviation Museum. There was also a push by some community members to see the current building remain and

converted to a new use, but that now seems highly unlikely.

Rempel said possibilities for the site include a mini-terminal for smaller planes, such as 12-seaters, or a medical clinic/triage centre, so patients who are flown in for medical attention don't have to go into the city.

One thing is for certain, joked Rempel, there won't be a waterpark.

As for the new James Armstrong Richardson International Airport, which opened Oct.

30, 2011, Rempel said the public is getting used to its layout and the parking garage.

"2011 was clearly a year to remember, highlighted by the opening of our community's front door," said Rempel. "We're now six months into the opening and the feedback has been tremendously positive."

The new airport, built at a cost of \$585 million, also received a special honour by the Travel Channel, being named one of the top-10 most iconic airports in the world.

Munroe West

Robbery suspect sought

Police are looking for a man who robbed a Munroe West area convenience store early

Wednesday. Officers were called around 1:30 a.m. after a lone male suspect confronted the 26-year-old male clerk and demanded smokes. The suspect fled the store after receiving an undisclosed amount of cigarettes. **SHANE GIBSON/METRO**

St. James

Drug and weapon arrest

A man is facing numerous charges after police stumbled upon a cache of drugs and

weapons while investigating a stolen vehicle in St. James Tuesday. Officers attended a residence in the 400 block of Ferry Road around 9:25 p.m. and arrested an adult male in connection to the stolen vehicle. **SHANE GIBSON/METRO**

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Morgan Freeman. Student filmmakers pursue actor

A catastrophic hard drive failure has led a pair of film school students on an epic odyssey to convince Hollywood icon Morgan Freeman to narrate their project.

Ian MacDougall and Mackenzie Warner, his classmate at Simon Fraser University, had a week to track him down.

MacDougall heard Freeman would be the MC at a blues concert in Clarksdale,

Mississippi. Bill Luckett, who co-owns the bar with Freeman there, heard their story and agreed to call Freeman on his cell phone and make the pitch.

The answer? Freeman chuckled, and said they'd have to talk to his agent before he could commit to anything. They still hope to get Freeman's participation in narrating the documentary about finding him.

THE CANADIAN PRESS

Tuition hike. Numbers behind Quebec debate

Tuition has been mostly frozen in Quebec for 43 years, but there is little evidence this has increased university enrolment. Only about 30 per cent of Quebec's young people go to university — six percentage points less than the national average, according to a study published by the Higher Education Quality Council of Ontario.

Atlantic Canada has a 50 per cent enrolment rate

— even though average tuition fees there are roughly double that of Quebec's.

The study suggests the cost of tuition does not have a noticeable effect on university enrolment rates, but that the most important factor for enrolment rates is actually generational. Young people are more likely to go to university if their parents did, regardless of income.

THE CANADIAN PRESS

Toronto Mayor Rob Ford accuses reporter of spying on his home

A different scrum.

Police were called over an incident involving a Toronto Star scribe snooping around the mayor's property

Toronto Mayor Rob Ford says he won't talk to any media in the presence of a reporter he accuses of spying on his home.

Ford told radio station AM640 this morning he wants Toronto Star reporter Daniel Dale removed from covering city hall in light of last night's confrontation.

Police were called to the mayor's west Toronto home after a neighbour saw someone who appeared to be in the mayor's backyard with a recording device.

The Star says Dale was on public property next to Ford's home and was there to research a story about a piece of land Ford wants to buy. The paper says Dale was not there to harass Ford.

A visibly angry Ford held a press conference outside his home on Wednesday night and



Toronto Mayor Rob Ford answers questions from the media following the announcement of a pedestrian tunnel to be constructed to Billy Bishop Airport in Toronto on March 9. PAWEŁ DWULITZ/THE CANADIAN PRESS

said it's unbelievable what the reporter did, adding when he confronted Dale, the journalist dropped his phone and recorder before running away.

Dale's version of events, posted on the Star's website, says Ford yelled and charged at him with one fist up even though the reporter pleaded

for him to stop.

Ford said this morning he "never laid a hand on" Dale but stressed he doesn't want to see the reporter in any media scrums.

"I will not be talking to any reporters if he is part of that scrum," he told AM640.

This isn't the first time Ford

has been involved in a dust-up with a member of the media.

In October, Ford called 911 after Mary Walsh of the CBC's comedy series "22 Minutes" confronted him in his driveway dressed as her Marg Delahunty, Princess Warrior character.

THE CANADIAN PRESS

News in pictures



1 Appeal trial. Man wrongfully convicted of murder sues

Romeo Phillion, who spent more than 30 years in jail after being wrongfully convicted of murder, is suing those he says are responsible. THE CANADIAN PRESS

2 Press baron. Conrad Black to be released from U.S. prison

Conrad Black, Canada's now-infamous press baron, is set for release from a Miami prison Friday and into custody of U.S. immigration officials. THE CANADIAN PRESS

3 No clemency? Lawyers accuse feds of neglect in murder case

Alberta-born Ronald A. Smith, who was sentenced to death for two 1982 murders, has exhausted nearly all his appeals. THE ASSOCIATED PRESS

4 F-35. Those responsible for fighter-jet fiasco face questions

Parliamentary Budget Officer Kevin Page appears as a witness at Commons Public accounts committee to discuss the F-35 Fighter Jet on Parliament Hill in Ottawa on Thursday, which he harshly criticized. THE CANADIAN PRESS

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Witnesses detail island shootings

Anders Breivik trial.

Mass murderer, in black suit and grey tie, shows no emotion as ferry captain gives testimony

Witnesses recounted Thursday how mass murderer Anders Behring Breivik — armed and in police uniform — managed to trick his way onto a ferry to Utoya island, where he massacred 69 people in a shooting spree just hours after killing eight people in a bomb attack.

Jon Olson, captain of the MS Thorbjørn ferry, told the Oslo District Court about his “angst and full panic” as he frantically tried to contact police about the attack after his ferry had docked at Utoya.

Breivik has admitted to the bombing in Oslo’s government district and the shoot-

Norway — Day 11 of trial

Breivik has said that being declared insane would be the worst thing that could happen to him because it would “delegitimize” his views.

ings at a Labor Party youth camp on Utoya. He claims the July 22 attacks were “necessary” and that the 77 victims had betrayed Norway by embracing immigration.

Olson, who lost his partner, Monica Boesei, the second person to die in the shootings, said neither he nor his crew suspected Breivik. Witnesses described Breivik as composed and behaving normally as he arrived from the car-bomb attack in central Oslo.

THE ASSOCIATED PRESS



Showing the big guns for Olympic security

Members of the British military stand near a Rapier air defence system during a media event ahead of an exercise designed to test military procedures prior to the Olympic period in Blackheath, London. Britain’s military is carrying out security tests ahead of the Olympics including the deployment of ground-to-air missile systems. It’s a move the government has defended as a “last resort.” MATT DUNHAM/THE ASSOCIATED PRESS

Presidential politics

Romney says Chinese dissident abandoned

Mitt Romney has criticized the Obama administration for allowing a blind Chinese dissident to leave the U.S. Embassy in Beijing.

Romney said reports that officials allowed Chen Guangcheng to leave were a “dark day for freedom.”

THE ASSOCIATED PRESS

Animal activism

Bob Barker to help five HIV-infected chimps

Retired game-show host and animal-rights advocate Bob Barker is opening a new area for five HIV-infected chimpanzees at a sanctuary in north-western Louisiana.

The former TV host donated \$380,000 to create space for the animals, named Doc, Jojo, Murphy, Flick and Pierre.

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Saving a life — one tweet at a time

Finding a donor.
Woman with genetic condition believes social media can help spread the word about donating bone marrow

LIA GRAINGER
For Metro

Cristina Di Corte remembers the day she found out she had mitochondrial neurogastro-intestinal encephalopathy — it was the same day she learned that a bone marrow transplant could save her life. It was also the beginning of an ambitious coast-to-coast social media campaign to find a donor match.

"It was really scary to finally find out what I have," says the 22-year-old Mississauga native of that day last November.

If you've never heard of the disease, also known by its acronym MNGIE, you're not alone. The genetic condition has only ever been diagnosed in 70 people worldwide and is so rare that most doctors have never heard of it.

Di Corte first started noticing symptoms when she was 17, but it would be four years

before she was accurately diagnosed. The condition affects the muscles that move material through the digestive system, so much of what Di Corte ate would sit in her system and rot. A hairdresser at Erin Mills Town Centre, she became so exhausted that she was unable to work.

"I was nauseous, throwing up, and had horrible stomach pains," says Di Corte. Already a naturally slim woman at 98 pounds, her weight dropped to as low as 68 pounds. A series of doctors and specialists misdiagnosed her with irritable bowel syndrome, tested her for celiac disease and colon cancer, and even sent her to a clinic for people with eating disorders.

To finally be able to name the disease was little comfort though, as it came with the news that she would need a bone marrow transplant.

"I basically need it as soon as possible," says Di Corte, who now receives nutrients through a central catheter line and is back up to 80 pounds. Unfortunately, her mother, father and brother are not matches. Di Corte is registered with OneMatch.ca, a stem cell and marrow donor network, but they warned her that the list is long.

OneMatch.ca

All that's required to register with Canada's stem cell and marrow network is a simple, non-invasive cheek swab — and you don't even need to see a doctor to do it.

- Individuals can go to OneMatch.ca and order a free swab kit. A YouTube video explains how to take the swab and then the samples are simply popped back in the mail, postage paid.

That's when her older brother had an idea. "He was like, why don't we put this on Facebook?" says Di Corte.

A Facebook event asked friends and family to tweet #hopeforcristina on Twitter every Wednesday at 6 p.m., and the call has been a trending topic in Canada three times. She also has her own website, Helpingcristina.org, and it wasn't long before Di Corte was telling her story on Citytv.

"I think if more young people knew about OneMatch and how easy it is to be tested, they would register," says Di Corte. "You could save someone's life."



Cristina Di Corte explains her condition during an interview with Citytv in this screen grab. CONTRIBUTED

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Wallet found 63 years later helps to reunite family

Lost and Found.

Blog post helps track down billfold owner's family, which was sealed inside antique cabinet



MATT KIELTYKA
Metro in Vancouver

The discovery of a 63-year-old wallet in Whistler, B.C., has bridged generations, connected families and given store owner Lorna Van Straaten one amazing story to tell.

The owner of Whistler's Re-Build-It Centre found the wallet, belonging to a Donald Milford Townsend of Burbank, Calif., in a sealed compartment of a fetching black antique cabinet she had just sold.

The contents — including a driver's licence, union card, family photos and a silver coin — astounded her and sent her on a memorable quest to find the man's family.

"Some of the things we find (in her two antique shops)



A postage stamp and this blood-donor card were among items recently found in an antique cabinet in Whistler.

CONTRIBUTED/LORNA VAN STRAATEN

are beyond description.

"We get lots of really cool items, but in terms of family sentimental value this tops them all," Van Straaten told Metro.

The store owner posted the contents of the wallet and her story on her blog, reuseitwhistler.blogspot.com, in an attempt to track down Townsend's family.

Within a day, Van Straaten had been able to connect with Townsend's cousin, grandson

Time capsule

"All of this has been sealed away since 1949. It's really a snapshot of what life was like then."

Lorna Van Straaten, owner of Re-Build-It Centre antique store.

and great nephew.

Townsend himself had died in 2005.

Aside from being an

astounding find, the wallet ended up reuniting the relatives.

"They had been out of touch for a while and they told me this has reunited them on a level," said Van Straaten. "It's really a feel-good story about family and connection and the power of the Internet. Without it, I would have never found (the family)."

The wallet, its contents and the cabinet are now being returned to the family.



Some big shoes to fill

Igor Vovkovinskiy, of Minneapolis, currently the tallest man in the United States at seven feet eight inches, has his feet measured by shoe technicians as part of Thursday's shoe fitting at Reebok headquarters in Canton, Mass. Vovkovinskiy, who has a shoe size between 22 and 26, says he's had 16 surgeries in six years to fix problems created by shoes that didn't fit. STEVEN SENNE/THE ASSOCIATED PRESS

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Dozens killed in failed market robbery

Nigeria. Country is already under constant attack by radical Islamists

Robbers angered by a crowd burning one of their colleagues alive attacked a cattle market in northeast Nigeria, killing at least 34 people in the latest violence fanning across the bloodied region, witnesses and an official said Thursday.

The violence began Wednesday,

as witnesses said gunmen started shooting at the market in Potiskum, a city 575 kilometres northeast of Nigeria's central capital, Abuja. Three people were killed in the ensuing gunfire, which ended when the attackers ran out of ammunition, witnesses said.

All but one of the gunmen escaped. Those gathered in the market beat the gunmen left behind before dousing him in gasoline and lighting him on fire, a punishment still meted

Cause of the clashes

Cattle raids remain common across the north, as herdsmen lead teams across the arid plains to the market.

- While attacks there often cuts across ethnic and religious lines, the root of the violence often comes back to grazing rights and political power.

out by mobs in a nation where few trust the under-equipped and corrupt federal police force.

As the market closed for the night, the gunmen returned, setting fire to cattle-holding pens and cars parked around the area. Potiskum General Hospital, the only major medical facility in the town, took in 34 corpses from the attack, an official there said. About a dozen charred corpses were seen lining an open-air morgue.

THE ASSOCIATED PRESS



Dead cows lie amid burned posts Thursday following a raid by gunmen in a cattle market in Potiskum, Nigeria. ADAMU ADAMU/THE ASSOCIATED PRESS



Speaking up for press freedom

Members of the press hold placards during a rally to mark World Press Freedom Day in Kuala Lumpur, Malaysia, on Thursday. Members of the Malaysian press protested against the attacks on members of the media by police during a rally Saturday. LAI SENG SIN/THE ASSOCIATED PRESS

Seattle

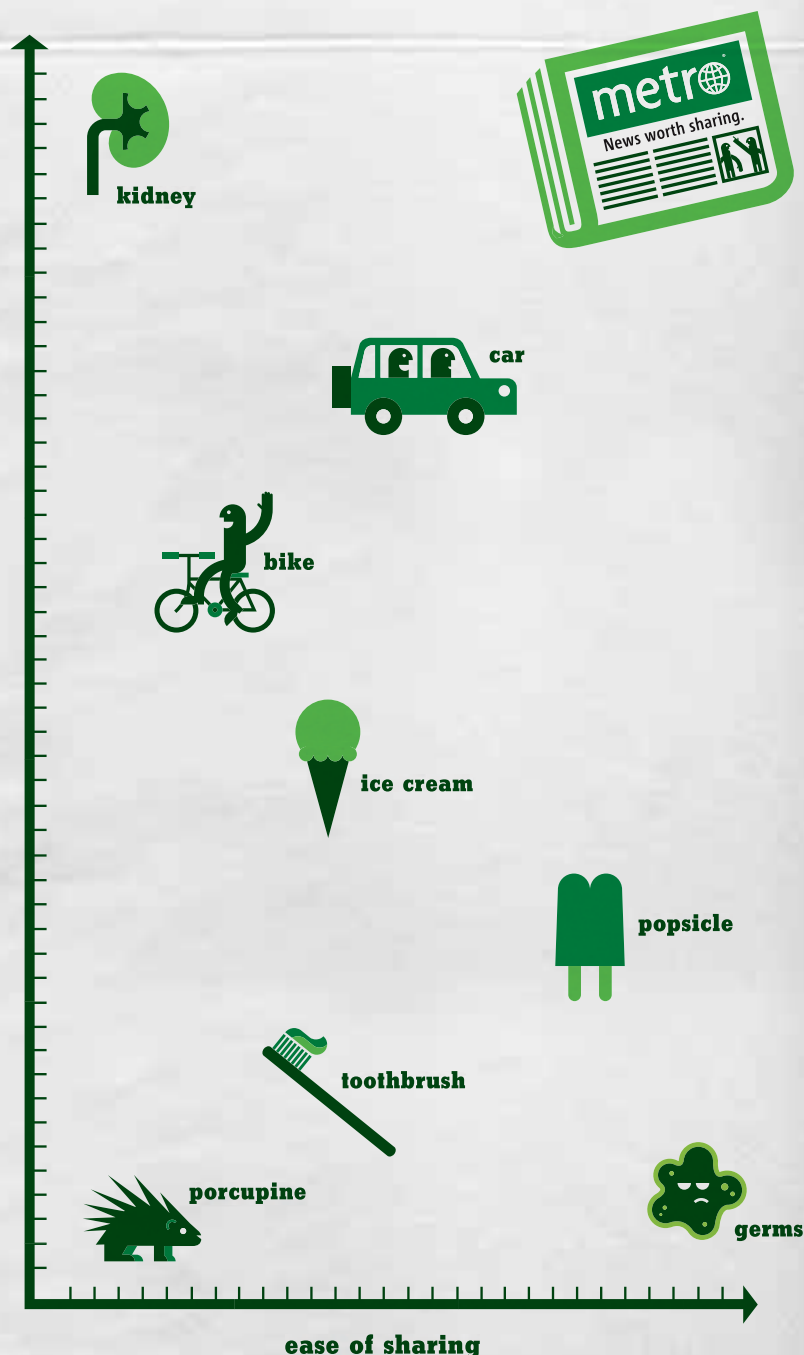
Barefoot Bandit out of solitary confinement

The youthful thief who led a two-year crime spree

in stolen boats, cars and planes is out of solitary confinement.

Colton Harris-Moore, 21, known as the Barefoot Bandit, entered intensive management with death-row inmates because he was a high-profile prisoner. THE ASSOCIATED PRESS

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RIM share price falls to 9-year low

Market. BlackBerry maker's shares plunge to below \$12 in the three days following initial preview of new operating system

The Canadian company that revolutionized the mobile-phone industry spent a very expensive week trying to sell the idea that the BlackBerry isn't a dying technology, only to see its share price close Thursday at its lowest level in nearly a decade.

Research In Motion stock fell 72 cents, or 5.7 per cent, to close at \$11.91 on the Toronto Stock Exchange.

It hasn't been below \$12 since 2003.

Thursday's plunge marked three days of declines that began after the Waterloo, Ont., tech giant gave a first glimpse of its much-anticipated new operating software at its annual developer conference in Orlando, Fla.

The BlackBerry 10 OS proto-



A BlackBerry testing device.
RESEARCH IN MOTION HANDOUT

type was handed to developers in the hope of getting them inside and writing applications for the system, but it won't hit the market for several months.

RIM's shares have fallen some 15 per cent since Tuesday's reveal of the operating system. At its height the stock was trading at more than \$144 in 2008, when RIM was briefly the most valuable company on the Toronto Stock Exchange.

During the conference, RIM

chief executive Thorsten Heins was forced to confront rumours that the new BlackBerry would feature only a touchscreen keyboard and not a physical keypad.

The confusion arose after Heins unveiled the new operating system and focused on some flashy features available to touchscreen users, but didn't address any future plans for keypad devices. Some reports suggested the company would completely ditch the physical keys that helped build its name and are favoured by many of its users.

"We won't lose the focus on physical keypads. It would be wrong, just plain wrong to do this," Heins said.

At this point, it's hard to tell whether the event either helped or hurt the company in the long run, but judging by RIM's volatile stock, investors aren't impressed yet.

BlackBerry 10 is seen as an important part of RIM's attempt to compete against the likes of the iPhone and devices using Google's Android operating system. **THE CANADIAN PRESS**



SNC-Lavalin chairman delivers optimistic outlook

SNC-Lavalin chairman Gwyn Morgan speaks at the company's AGM in Toronto on Thursday. He said client confidence remains strong despite intense turmoil resulting from disclosure of \$56 million of mysterious payments that have tarnished its name. **FRANK GUNN/THE CANADIAN PRESS**

Pipeline. Keystone XL future uncertain

TransCanada won't confirm a report in the Washington Post that it will reapply for its controversial Keystone XL pipeline as soon as Friday.

A person familiar with TransCanada's plans spoke to the Post on the condition of anonymity because a formal announcement has not yet been made, the newspaper said Thursday.

CEO Russ Girling told reporters following TransCanada's annual general meeting last Friday that the new application is "imminent." Company spokesman Terry Cunha said Thursday that Girling's comment still stands, with no specific date being provided.

The Obama administration rejected the \$7.6-billion US project earlier this year, though it left the door open for TransCanada to take another crack at it.

The White House says the decision had less to do with the Alberta-to-Texas pipeline's merits than moves by Republicans in Congress to speed up the process.

THE CANADIAN PRESS

Market Minute

DOLLAR
101.12¢ US (-0.25¢)

TSX
12,014.97 (-215.15)

OIL
\$102.54 US (-\$2.68)

GOLD
\$1,634.80 US (-\$19.20)

Natural gas: 2.34 US (+8.7¢)
Dow Jones: 13,206.59 (-61.98)

Social network. Facebook sets share-price range for upcoming IPO

Facebook has set a price range of \$28 to \$35 for its initial public offering of stock.

At the high end, this could raise as much as \$11.8 billion US. If the underwriters sell the extra stock reserved for over-allotments, the IPO will value Facebook at \$79.3 billion at the high end of the price range.

That's much higher than any other Internet IPO in the past, even Google in 2004, which raised \$1.9 billion. The

range came in a regulatory filing Thursday.

After that, Facebook will go on an "IPO roadshow," where executives talk to potential investors about why they should invest in the stock. If all goes well, Facebook's stock is expected to price on May 17 and go public on May 18.

The IPO has been highly anticipated. The world's largest online social network has more than 900 million users worldwide. **THE ASSOCIATED PRESS**



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IT'S SNOOKI CALLING THE POT BLACK



THE LIST
Mike Benhaim
Metro

1 Same old story: You know the one — lady's philandering husband spends all her money, then leaves for a hotter, richer woman. Spurned lady spends a year feeling

dirty and used, and just when she's begun to move on, he returns with flowers and playful charms. Still vulnerable, she crumbles, and her friends throw up their arms saying, "He's not even that good looking." In other news, Conrad Black returns to Canada.

2 Let it be written: As an example of necessity being the "mother of invention," researchers at Arizona State University have released a list of "commandments" for Facebook. Rules include; acknowledging postings to your page by clicking "like", inappropriate "poking" (never wise), and posting pictures of friends from a debauched weekend in Vegas. My favourite edict, not limited to FB is, "Thou shalt use common sense," which ironically supersedes a need for the list to begin with.

3 Carrot caution: A study released Wednesday out of Ohio University has found that consuming excessive amounts of beta carotene might not be good for you. Contrary to what we've been told for centuries, it can block some effects of vitamin A critical to vision, skin health, metabolism and immune function. Vision? It goes to show you just can't trust your mom anymore.

4 Playing hardball: Two years after Victoria's Secret combined two of men's favorite things by releasing their line of baseball-themed lingerie, they introduce the Blue Jays collection. With two types of sexy briefs (one leopard print), and two skimpy Tees, they've given new meaning to the phrase, "Sliding into home."

5 United we stand: Canadian awards shows, Genies and Gemis are joining forces to create just one all-encompassing program. This is great news for apathetic Canadians who now only have to not watch one show instead of two.

6 Labour days: Jessica Simpson has given birth to a 22-inch, nine-pound, 13-ounce baby boy. This explains the tremendous baby bump that prompted pregnant Jersey Shore star Nicole (Snooki) Polizzi to say, "I'd die if I ever got that big." Aw Snooki, we don't want you to die. We just want you to go away. Gone.

7 Hoops! My bad: The stress of the condensed NBA season has resulted in a post-season riddled with injuries. None more symbolic than when NY Knicks' Amare Stoudemire tempered the burning flames of his competitive passion after a brutal loss to Miami, by punching a fire extinguisher. Someone might have mentioned requiring the hand to play out the series. Surprisingly, Amare skipped college to go pro.

8 Canadian courtship: Our nation's first TV Bachelor is CFL wide receiver Brad Smith who can't wait to meet all the wonderful women who join him in this consummate quest for love. He seeks independent, intelligent women who are "just as confident in a ponytail and sweats as they are all dressed up." And adds that high-maintenance women turn him off. Relax Brad. Any intelligent woman willing to endure weeks of public judgement, cat fights and drama, just to potentially marry a CFL player, is probably not high-maintenance.



Canadian Football League wide receiver Brad Smith
HANDOUT/THE CANADIAN PRESS

A 'Scream' is worth \$119.9M



GETTY IMAGES

Edvard Munch

Work of art sells for historic price

NEW YORK. Edvard Munch's The Scream made history on Wednesday night when it became the most expensive piece of art ever sold at auction.

After a fierce bidding war at Sotheby's New York, the 1895 pastel went to an anonymous buyer for \$119.9 million US. The auction house was thrilled at the "historic" price on a night when sales topped \$330 million US.

Sotheby's head of

impressionist and modern art Simon Shaw said the painting was a good deal.

"If ever there was a work of art of true shock and awe it is Edvard Munch's The Scream, which is not only one of the seminal images from art history, but also one of the visual keys to the modern consciousness."

The work is one of four versions by the Norwegian expressionist artist and was the only one still privately owned.

It is regarded as the most prized of the four as a poem written by the artist is on the frame.

METRO

Poem on a frame

"I was walking along the road with two friends. The Sun was setting — The Sky turned a bloody red And I felt a whiff of Melancholy — I stood Still, deathly tired — over the blue-black Fjord and City hung Blood and Tongues of Fire My Friends walked on — I remained behind — shivering with Anxiety. I felt the great Scream in Nature."

Munch's poem written in blood red paint

By the numbers

What can you buy with \$120 million US?

- 60,000 classic British telephone boxes
- 20,000 tigers
- 40 Stradivarius violins
- 15 light jets
- Six holidays at the International Space Station
- One Cristiano Ronaldo

60 seconds



Modern art specialist
Philip Hook

Why has this work of art been so popular?

It's one of the most important pictures ever in terms of fame and familiarity because it captures the modern man with his

angst and alienation. It marked a new phase at the start of the 20th century when artists began portraying their own emotions.

What moral lessons can be found in it?

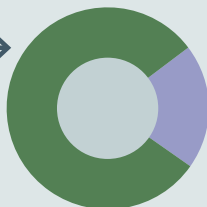
There is a comment on man's relationship with nature, but also it is based on guilt. When Munch painted this his father had just died and his sister was in a lunatic asylum.



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MET OUR
OBLIGATION



0%
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STAY ON
UNTIL THE
SITUATION
IS STABLE

← 20%
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Twitter

@kellyromas: It's a good day to leave #Winnipeg and go to #Vegas, methinks.

@mark_paul: Rain all you want for now #Winnipeg, but make sure the Summer is nice and hot.

@CWolfeNotin: Purchased enough dresses in Europe and New York to last a few seasons, but one more from 'Out of the Blue' in Winnipeg wouldn't hurt.

@Steve_Dangle: The WHL bantam draft is today. They're drafting kids born in 1997. They weren't even alive for the original Winnipeg Jets.

@maddisonlynn17: Saskatchewan is so flat I can see Winnipeg from where I'm standing #plainsproblems

@wheelmargoliath: "I love everybody. Some I love to be around. Some I love to avoid. And some I'd love to punch them in the face."



The Avengers is just the latest in a long line of superhero films. HANDOUT

Reel Guys

RICHARD
CROUSE AND
MARK BRESLIN



Putting the 'super' in superhero films

Roundup. Richard Crouse and Mark Breslin dish on their favourite vigilante features

Richard: Mark, even though the ads guaranteed I would believe a man could fly, I'm not sure that my fifteen-year-old self actually thought Christopher Reeve was circling the earth in *Superman: The Movie*, but I do know I thought it was cool. And still do. I've seen it dozens of times and its blend of humour, action and nostalgia is worth its weight in Kryptonite.

Mark: The first *Superman* movie was the platinum standard in superhero films: graceful, even poetic. The sequels ruined its goodwill, but the quality of the original cannot be denied. But

I think the world can be divided into two kinds of people: Superman people and Batman people, and I, Richard, seem to be a Batman person. Even the weakest in the Batman franchise still enthralls me; if we're talking about Christopher Nolan's *The Dark Knight*, we may be talking Godfather-level cinema.

RC: Of the big name superheroes we haven't mentioned *Spider-Man* yet. I liked the first Sam Raimi web slinger movie, complete with Tobey Maguire and the upside down kiss, but even cooler is *Darkman*. Raimi created the *Darkman* character out of frustration after failing to get the screen rights to *The Shadow* and *Batman*. Liam Neeson plays the swashbuckling hero in this violent and funny movie.

MB: *Darkman* is a dark horse entry, but yes, it's a good one

and Neeson is fantastic in it. Wish I could share your enthusiasm for *Spider-Man* but I spent the entire movie wishing the dweeb would grow a pair. More like *Spider-Boy* to me. The series I prefer is the *X-Men* franchise, which seems to get more sophisticated with each release. And the *Wolverine* spin-off is a definite fave.

RC: I liked *Wolverine's* R-rated cameo in *X-Men: First Class*. Cool, underrated movie and his unfit-for-publication-in-a-family-paper-line is very memorable. Also memorable are a few movies about a lesser tier of superheroes. Everyone knows *Batman* and *Superman*, but how about *Captain Invisible*, the alcoholic hero who comes out of hiding to save America from destruction? Or the strange and funny *Orgazmo* from the twisted minds of South Park's Matt Stone and Trey Parker?

Synopsis

Lately it seems you couldn't swing Thor's hammer in a theatre without hitting a superhero movie, like this weekend's *The Avengers*, but movies about caped crusaders and heroes who can leap buildings in a single bound are nothing new. This week the Reel Guys use their superhuman powers to pick the best superhero movies of all time.

MB: And what about the lonely comic book superheroes never immortalized on film? When, oh when, will they make that masterpiece starring *The Flash*??? The scene where he'd do his taxes in three seconds flat would be worth the price of admission!

2

SCENE

Scene in brief

D'Angelo sparkles

D'Angelo is making his comeback: the reclusive singer will give his first U.S. performance in 10 years at the 2012 Essence Music Festival. D'Angelo will perform during the festival's opening night. It runs from July 6 to July 8 in New Orleans and also features Trey Songz, Aretha Franklin, Mary J. Blige and many others. The soul singer's latest album is 2000's *Voodoo*. It went platinum and won two Grammy Awards, including best R&B album. His debut, 1995's *Brown Sugar*, was also a platinum effort. Since that, D'Angelo has stepped away from the music scene, drawing attention for his run-ins with the law.

THE ASSOCIATED PRESS

On the web



Bob Barker opening new area for 5 HIV-infected chimps at national sanctuary in Louisiana

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Action



The Avengers

Director. Joss Whedon

Stars. Robert Downey Jr., Chris Evans, Scarlett Johansson

Great comic book movies, like great comic books, have to play their heroes and villains straight. The stakes need to be high and in the case of Marvel's The Avengers, the fate of the planet literally hangs in the balance. The humour is inately there (a bunch of costumed superheroes hanging out together is already absurd) but in director Joss Whedon's mammoth budgeted blockbuster, the humour is of the nudging, winking variety, almost as if Whedon is trying to convince the audience that he's smarter than the material. It's an obnoxious trait that bogs down what could have been a perfect mash up.

CHRIS ALEXANDER

Comedy



Damsels in Distress

Director. Whit Stillman

Stars. Greta Gerwig, Analeigh Tipton, Carrie MacLemore, Megalyn Echikunwoke

Damsels in Distress is fresh and fun ... for about 45 minutes. And then the novelty fades. Violet (Gerwig) and her well-meaning friends, Heather (MacLemore) and Rose (Echikunwoke), live to reform the dull, unhygienic men who dominate their college campus. Though Damsels features some clever dialogue and quirky characters, it lacks an engaging narrative and ultimately leaves you wondering, Why am I watching?

REGAN REID

Quoted

"It did actually really scare me to step into this world and I didn't know that I could pull it off. It took some convincing from people like (co-star) Robert (Downey Jr.) and Joss. The thing that I was always worried about was just getting pigeon-holed by a big part like this. But now I'm at a point where I have a big enough body of work where this isn't going to make me or break me, really. It'll help, in a lot of ways."

Mark Ruffalo, talking about stepping into the role of the Hulk in The Avengers.



Legend of a Warrior. Doc breaks down tough guys

Forged in a harsh Hong Kong ghetto, Frank Lee came to Canada in 1960 and worked overnights at the rough and tumble Phoenix Cafe in Edmonton.

He was a waiter/busboy/bouncer and, as miscreants soon found out, a very talented martial artist. When trouble started, he ended it. Tough as nails, the five-foot-seven, 155-pounder never lost a fight.

He went on to become a martial arts grandmaster out of the Edmonton gym dubbed Frank's Torture Chamber. And he trained champions half a world away in Thailand and Hong Kong.

Along the way, his family drifted apart.

So son Corey — a filmmaker — set about to reconnect. In 2011, he started training under his father, returning to the martial arts he had abandoned more than two decades before.

"He is my father. But I don't really know the man. I only know the legend," Corey says early on in Legend of a Warrior, which had its world premiere at the Hot Docs festival this week.

Cameras captured their

time together over some seven months.

"I was hoping for some level of healing and some level of understanding," Corey, now 42, said in an interview this week.

He got that and more in an emotional journey that is lovingly captured in the 78-minute documentary.

The National Film Board project starts as a guarded father-son reunion in the ring at Frank's gym. But emotional walls are torn down later in the film during a trip to Hong Kong, where Frank first studied martial arts after leaving China with his family at the age of nine.

Tears flow as Frank reads a letter he sent Corey from Hong Kong in February 1983 on yet another training mission that had taken him from his family. The man who can bend rebar with his neck or break cinder blocks with his hands cries as he laments the breakup of his family — or "crystal ball" as he calls it.

It is heart-rending stuff and it's a safe bet that many more tears will be shed by those watching it.

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GARDEN CITY
SHOOTING CENTRE

Jack White taps into a blue vein on solo album

New music. White's first solo album *Blunderbuss* blends electronic rages, country blues and rockabilly

Jack White is musing on his latest colour scheme.

"What if blues musicians like Robert Johnson and Blind Willie McTell actually wore blue clothes?" White wonders, laughing.

The former White Stripes has bathed his first solo album, *Blunderbuss*, with a pale blue palette. It informs the album artwork, the touring stage presentation and the outfits of his backing band, which alternates between all-male and all-female lineups.

Since he was a teenage upholsterer in Detroit, White has carefully colour-coordinated his work. While recording *Blunderbuss* in his studio in Nashville, Tenn., White played with a pale blue telecaster and an old pale blue amplifier.

"I said, 'Well, these are my hand tools. It's all going to build up from this,'" says



Jack White's first solo album debuted at number one on the Billboard charts. HANDOUT/THE ASSOCIATED PRESS

White.

The resulting 13 tracks may be the best compendium yet of his particular blend of American music. There's elec-

tric rages (Sixteen Saltines), country blues (Trash Tongue Talker), rockabilly (Rudolph Toombs' 'I'm Shakin,' the lone cover) and folk ballads like

the lilting Hip (Eponymous) Poor Boy.

After funneling his songwriting through various band conceptions — the White

Stripes, the Raconteurs, the Dead Weather — White is directing his latest production without artifice. Or at least, less artifice.

Blunderbuss

Blunderbuss, which debuted on the Billboard album charts this week at No. 1 with about 138,000 copies sold, according to Nielsen SoundScan, was a particularly unplanned process.

- **In studio.** When the rapper RZA didn't make it to a scheduled session at White's studio, White decided to start working up some songs of his own. It wasn't until well into the process that those in the room — a collection of session musicians and others — understood the project taking shape.

"The funniest thing is that every album I've done and every band I've been in have been happy accidents, including this one," says White, speaking from his home in Nashville.

"If you just write songs and don't tell them what to be — don't tell the song to be a country song or a rock 'n' roll song — then it becomes what it needs to be in the end."

THE ASSOCIATED PRESS

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THESE PAGES COVER MOVIE START TIMES FROM FRI., MAY 4 TO THURS., MAY 10. TIMES ARE SUBJECT TO CHANGE. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONEWS.CA/MOVIES.

Winnipeg

Cinema City McGillivray 2190 McGillivray Blvd., 204-269-9981

Ghost Rider: Spirit of Vengeance (14A) Fri-Sat 1:10-3:30-5:50-8:15-10:30 Sun-Thu 1:50-4:20-6:50-9:30
Journey 2: The Mysterious Island 3D (PG) Fri-Sat 12:30-2:50-5:10-7:35-10 Sun-Thu 2:30-4:50-7:30-9:40
Mission: Impossible — Ghost Protocol (14A) Fri-Sat 12:45-3:50-7-9:55 Sun-Thu 1:15-4:05-7-9:55
Safe House (14A) Fri-Thu 2-4:40-7:40-10:15
The Secret World of Arrietty (G) Fri-Thu 1:30-4:10-7:10
This Means War (PG) Fri-Sat 3:15-5:45-8:10-10:25 Sun-Thu 3:15-5:30-7:50-10:10
The Vow (STC) Fri-Sat 12:25-2:45-5:20-7:50-10:10 Sun-Thu 2:10-4:45-7:20-9:45
The Woman in Black (14A) Fri-Thu 9:50
Wrath of the Titans 3D (14A) Fri-Sat 12:50-3:10-5:30-8-10:20 Sun-Thu 2:20-5-7:40-10

Cinema City Northgate 1399 McPhillips Street, 204-334-6234

Alvin and the Chipmunks: Chipwrecked (G) Fri-Sun 1:40-4:30-6:50-9:10 Mon-Thu 5:30-7:50
Ghost Rider: Spirit of Vengeance (14A)



The Five-Year Engagement stars Jason Segel and Emily Blunt. HANDOUT

Fri-Sun 1:20-4-6:30-8:50 Mon-Thu 5-7:50
Journey 2: The Mysterious Island (PG) Fri-Sun 1:10-3:50-6:20-9 Mon-Thu 5:10-7:30
Project X (18A) Fri-Sun 1:50-4:40-7:30-9:50 Mon-Thu 5:40-8:20
Safe House (14A) Fri-Sun 12:50-3:40-6:40-9:20 Mon-Thu 4:50-7:40
The Vow (STC) Fri-Sun 1-4:20-7:20-9:40 Mon-Thu 4:40-8:10
The Woman in Black (14A) Fri-Sun 1:30-4:10-7:10-9:30 Mon-Thu 5:20-8
Wrath of the Titans (14A) Fri-Sun 2-4:20-7-9:30 Mon-Thu 5:50-8:10

Cinematheque 304-100 Arthur, 204-925-3457

Monsieur Lazhar (PG) Fri-Sat 9 Sun 7
Pina (G) Fri-Sat 7 Sun 2 Thu 8:30
City Cinema - Northgate
1399 McPhillips, 204-334-6234
Listings not available at press time.
Famous Players Kildonan Place
1555 Regent Ave W, 204-663-2166
The Hunger Games (14A) Fri 6:40-9:50 Sat-Sun 12:30-3:30-6:40-9:50 Mon-Thu 5:20-8:30
The Lucky One (PG) Fri 6:20-8:50 Sat-Sun 1:10-3:50-6:20-8:50 Mon-Thu 6-8:30
Marvel's the Avengers (PG) No Passes Fri 6:30-7-9:40-10:10 No Passes Sat-Sun 12:20-12:50-3:20-3:50-6:30-7-9:40-10:10 No Passes Mon-Thu 5:10-5:40-8:20-8:50
The Pirates! Band of Misfits (G) Fri 7:30-9:40 Sat-Sun 1-3:10-5:20-7:30-9:40 Mon-Thu 5:50-8
Safe (STC) Fri 7:30-10 Sat-Sun 12:40-3-5:10-7:30-10 Mon-Thu 5:30-7:50

Grant Park 8 Cinemas 1120 Grant Ave., 204-453-4084

Bully (PG) Dolby Stereo Digital, Stadium Seating Fri 3:55 Dolby Stereo Digital, Stadium Seating Sat-Sun 12:50-3:55 Dolby Stereo Digital, Stadium Seating Mon-Thu 3:55
The Cabin in the Woods (18A) Dolby Stereo Digital, Stadium Seating Fri-Wed 7:15-9:40 Dolby Stereo Digital, Stadium Seating Thu 7:15
Damsels in Distress (STC) Dolby Stereo Digital, Stadium Seating Fri 3:40-6:55-9:30 Dolby Stereo Digital, Stadium Seating Sat-Sun 12:35-3:40-6:55-9:30 Dolby Stereo Digital, Stadium Seating Mon-Tue 3:40-6:55-9:30 Dolby Stereo Digital, Stadium Seating Wed 3:50-6:55-9:30 Dolby Stereo Digital, Stadium Seating Thu 3:40-6:55-9:30
Dark Shadows (14A) Dolby Stereo

Digital, Stadium Seating Thu 10
The Five-Year Engagement (14A) Dolby Stereo Digital, Stadium Seating Fri 3:45-6:50-9:35 Dolby Stereo Digital, Stadium Seating Sat-Sun 12:40-3:45-6:50-9:35 Dolby Stereo Digital, Stadium Seating Mon-Thu 3:45-6:50-9:35
The Hunger Games (14A) Dolby Stereo Digital, Stadium Seating Fri 4-7:10-10:10 Dolby Stereo Digital, Stadium Seating Sat-Sun 12:30-4-7:10-10:10 Dolby Stereo Digital, Stadium Seating Mon-Thu 4-7:10-10:10
Marvel's the Avengers (PG) Dolby Stereo Digital, Stadium Seating Fri 3:50-7:05-10:15 Dolby Stereo Digital, Stadium Seating Sat-Sun 12:45-3:50-7:05-10:15 Dolby Stereo Digital, Stadium Seating Mon-Tue 3:50-7:05-10:15 Dolby Stereo Digital, Stadium Seating Wed 3:40-10:15 Dolby Stereo Digital, Stadium Seating Thu 3:50-7:05-10:15
Marvel's the Avengers 3D (PG) Dolby Stereo Digital, Stadium Seating Fri 3:30-4:10-6:45-7:45-10 Dolby Stereo Digital, Stadium Seating Sat-Sun 12:15-1-3:30-4:10-6:45-7:45-10 Dolby Stereo Digital, Stadium Seating Mon-Thu 3:30-4:10-6:45-7:45-10
The Pirates! Band of Misfits (G) Dolby Stereo Digital, Stadium Seating Sat-Sun 12:20
The Pirates! Band of Misfits 3D (G) Dolby Stereo Digital, Stadium Seating Fri-Thu 4:05-6:30-9:20

IMAX Theatre at Portage Place Y003-393 Portage Avenue, 204-956-4629

Born to Be Wild 3D (G) Wed 2:15
Cosmic Voyage (STC) Wed 12 Thu 11:10
Grand Canyon Adventure: River at Risk (STC) Fri 1:15-7:15 Sat 7:15 Sun 12:30
The Human Body (STC) Sat 1 Sun 2:45
Pulse: A Stomp Odyssey (STC) Tue 12:15 Wed 11

Space Station (STC) Tue 10 Thu 12:10
To the Arctic 3D (STC) Fri 12:15-6:15-8:30 Sat 12-6:15-8:30 Sun 1:45-4-6:30
Mon 10 Thu 1:30 Wed 10-1 Thu 1:15
Tornado Alley 3D (G) Sat 2:15 Sun 5:15
Mon 11:10 Tue 11:15
Landmark Globe Cinema
393 Portage Ave, 204-943-1583
The Hunter (STC) Fri 7:10-9:40 Sat-Sun 1:10-3:40-7:10-9:40 Mon-Thu 7:10-9:40
Jeff, Who Lives at Home (14A) Fri 7:20-9:20 Sat-Sun 1:20-3:20-7:20-9:20 Mon-Thu 7:20-9:20
Salmon Fishing in the Yemen (PG) Fri 7-9:30 Sat-Sun 1-3:30-7-9:30 Mon-Thu 7-9:30

Landmark Towne Cinema 8 301 Notre Dame Avenue, 204-947-2848

The Cabin in the Woods (18A) Fri-Thu 9:30
Dark Shadows (14A) Thu 10
The Five-Year Engagement (14A) Fri 6:45-9:30 Sat-Sun 1-3:45-6:45-9:30 Mon-Thu 6:45-9:30
Marvel's the Avengers (PG) Fri 7-10 Sat-Sun 12:45-3:45-7-10 Mon-Thu 7-10
Marvel's the Avengers 3D (PG) Fri 6:45-9:45 Sat-Sun 12:30-3:30-6:45-9:45 Mon-Thu 6:45-9:45
The Pirates! Band of Misfits (G) Sat-Sun 4
The Pirates! Band of Misfits 3D (G) Fri 7:15-9:15 Sat-Sun 1:30-7:15-9:15 Mon-Thu 7:15-9:15
The Raid: Redemption (18A) Fri 7:15-9:45 Sat-Sun 1:15-4-7:15-9:45 Mon-Thu 7:15-9:45
The Raven (18A) Fri 7-9:30 Sat-Sun 1-3:30-7-9:30 Mon-Thu 7-9:30
Safe (STC) Fri 7-9:15 Sat-Sun 1:30-3:45-7-9:15 Mon-Wed 7-9:15 Thu 7
The Three Stooges (PG) Fri 7:15 Sat-Sun 1:15-3:30-7:15 Mon-Thu 7:15

SilverCity Polo Park 815 St. James Street, 204-774-1001

21 Jump Street (14A) Fri-Sat 12:10-2:50-5:30-8:10-10:50 Sun-Wed 12:10-2:50-5:25-8:10-10:50 Thu 12:10-2:50-5:25-10:50
American Reunion (18A) Fri-Sun 12-2:45-5:30-8:15-10:55 Mon 12-2:45-5:30-10:55 Tue 12-2:45-5:30-8:15-10:55 Wed 2:15-4:55-10:55 Thu 12-2:45-7:10
The Cabin in the Woods (18A) Fri-Sat 1-3:20-5:45-8:10-10:35 Sun-Thu 12:40-3:05-5:30-8-10:25
Dark Shadows (14A) No Passes Thu 10 Das Rheingold (STC) Wed 6:30
The Five-Year Engagement (14A) Fri 1:40-4:35-7:35-10:25 Sat 11-1:50-4:35-7:35-10:25 Sun 2:10-5-7:50-10:45 Mon 12:50-3:40-8:10-9:20 Tue 2:10-5-7:50-10:45 Wed 12:20-3:20-7:25-10:45 Thu 1-3:55-7-10:45
The Hunger Games (14A) Fri-Sat 12:45-4-7:20-10:40 Sun-Tue 12:45-3:55-7:10-10:25 Wed 12:15-3:20-7:40-

9:40 Thu 12:45-3:55-7:10-10:25
The Lucky One (PG) Fri-Tue 12:25-3-5:35-8:05-10:40 Wed 3:25-5:45-8:10-10:40 Thu 12:25-3-5:35-8:05-10:40 Star & Strollers Screening Wed 1
Marvel's the Avengers (PG) No Passes Fri-Sat 11:30-2:50-6:10-9:30 No Passes Sun-Thu 11:50-3-6:20-9:40
Marvel's the Avengers 3D (PG) No Passes Fri-Sat 12-1-3:20-4:20-6:40-7:40-10-11 No Passes Sun-Tue 12:10-12:30-3:20-3:40-6:40-7-10-10:20 No Passes Wed 12:30-2-3:40-5:20-7-10:20 No Passes Thu 12:10-12:30-3:20-3:40-6:40-7-10-10:20 No Passes Fri-Sat 12:30-3:50-7:10-10:30 No Passes Sun-Thu 1:10-4:20-7:40-11
Marvel's the Avengers: An IMAX 3D Experience (PG) No Passes Fri-Sat 11-2-5-8-11 No Passes Sun-Thu 1-4:10-7:20-10:30
One Man, Two Guvnors - Encore Presentation (STC) Sat 12:30
The Pirates! Band of Misfits (G) Fri 12:15 Sat 11-12:15 Sun-Tue 12:15 Star & Strollers Screening Wed 1 Thu 12:15
The Pirates! Band of Misfits 3D (G) Fri-Tue 2:30-4:45-7-9:15 Wed 3:10-5:20-7:30-9:45 Thu 2:30-4:45-7-9:15
The Raven (18A) Fri 11:25-2:10-4:50-7:35-10:15 Sat 4:50-7:35-10:15 Sun-Tue 2:10-4:50-7:35-10:15 Wed 1:20-4-10:15 Thu 1:30-4-10-10:15
Safe (STC) Fri 12:30-2:55-5:20-7:45-10:10 Sat 1:20-3:40-6-8:20-10:50 Sun-Wed 12:35-2:55-5:20-7:45-10:10 Thu 12-2:15-4:30-8:10-10:10
Short Circuit (STC) Sat 11
This American Life Live! Things You Can't Do On the Radio (STC) Thu 7
Wagner's Dream (STC) Mon 6:30

SilverCity St. Vital 110-1225 St Mary's Rd, 204-256-3901

Dark Shadows (14A) No Passes Thu 10
The Five-Year Engagement (14A) Fri-Sun 1:50-4:45-7:30-10:35 Mon-Thu 1:50-4:45-7:30-10:30
The Hunger Games (14A) Fri-Thu 12:20-3:45-7-10:20
The Lucky One (PG) Fri-Sun 11:45-2:10-5-7:50-10:25 Mon-Thu 2:10-5-7:50-10:25
Marvel's the Avengers (PG) No Passes Fri-Sun 12:15-3:35-6:55-10:15 No Passes Mon-Wed 12:15-3:25-6:45-9:55 No Passes Thu 3:55-6:55-9:55 Star & Strollers Screening, No Passes Thu 1
Marvel's the Avengers 3D (PG) No Passes Fri-Sun 11:15-11:45-12:45-2:35-3:05-4:05-5:55-6:25-7:25-9:15-9:45-10:45 No Passes Mon-Thu 12:45-1:30-2:30-3:55-4:45-5:55-7:15-8-9:15-10:25
The Pirates! Band of Misfits (G) Fri-Thu 12:45
The Pirates! Band of Misfits 3D (G) Fri-Thu 3-5:15-7:30-9:45
The Raven (18A) Fri-Sun 11:30-2:10-5-7:40-10:10 Mon-Wed 2:10-5-7:35-10:10 Thu 2:10-4:45-7:20
Think Like a Man (14A) Fri-Wed 2-4:50-7:40-10:30 Thu 4:50-7:40-10:30
Star & Strollers Screening Thu 1

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The Word

**Seriously
Ashton, that's
just plain racist**



**THE
WORD**
Dorothy Robinson
scene@metronews.ca

Poor Popchips. They just wanted to get people to eat their unique snack food (a.k.a. communion wafers with salt) but their recent online ad campaign is backfiring spectacularly.

The face of the campaign, Ashton Kutcher, is currently facing criticism for his roles in the commercials that many feel are racist, according to E! News. In the online video, Kutcher appears as numerous ridiculous characters, including Raj, a brown-faced Bollywood producer with a thick Indian accent. (Kutcher also appears as a character sending up Karl Lagerfeld that could be construed as homophobic.)

Overwhelmingly negative responses to the advertisement prompted Popchips to remove it from YouTube and Facebook a day after it was released.

"The new Popchips

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worldwide dating video and ad campaign featuring four characters was created to provoke a few laughs and was never intended to stereotype or offend anyone," a company rep said in a statement to the Hollywood Reporter.

Here's the thing someone should have told Popchips: Kutcher can't act. At all. His

version of "acting" is basically over the top parody — all the time. So when he gets tapped to portray someone of a different race, even in a comedic role, of course it will be seen as mockery/racism. The only actor who could tackle this without getting in trouble? Sir Ben Kingsley. Popchips, get that guy on the phone ASAP.



Amber Riley strikes back

Let's hear it for Glee star Amber Riley. After a red carpet fainting spell earlier in the week, she's on the (hilarious) defensive about her personal life — including whether or not she's expecting.

"Let me stop the rumour mill right now. I'm not pregnant. Yes, I'm black but I don't have diabetes, I don't starve myself to fit clothes; I buy clothes to fit me not vice versa," Riley posted to Twitter in response to the rumours that sprouted up overnight after her episode.

"I did get a great laugh this morning reading all the BS, though."

Cut it out Cameron, it's just some hair

A recent rushed visit to a hairdresser friend left Cameron Diaz with much shorter locks than expected — and tears in her eyes.

"I started crying. I felt so vulnerable. For a woman to all of a sudden have no hair — oh my God," she tells Jay Leno during an interview. "There was a little misunderstanding. I said I just want a little bit cut off."

But a bit quickly turned into a bob, which turned traumatic for all involved.

"She started crying. I started crying. A couple other people started crying. I ended up writing her a few emails over the next few days assuring her I was OK," Diaz says.



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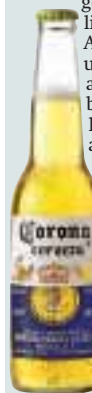
I've had a long standing respect for tequila, but the distilled output of agave plants is by no means the only booze stamped "Made in Mexico".

With Cinco de Mayo celebrations a day away and Salma Hayek shilling for Burger King, south of the border (the American one at least) things are heating up.

Sadly, the country's superstar brand — Corona Extra (6x330 ml, \$12.95 - \$14.09) — gets a bum rap from beer aficionados thanks to its lean-bodied flavour and clear glass bottle (which fanatics swear allows natural light to affect its flavour).

Whatever you believe, Corona is a great beer to have with any food that's eclectic — especially if it's spicy.

Of course, the last thing I would do is allow a bartender to jam a wedge of lime into any Corona bottle I've ordered. They may seem to go together like Brad and Angelina but the union of lime and liquid really began as a way to keep flies out of an opened bottle. It turns out that the acidity in the citrus makes them bug off.



PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.

Cinco de Mayo gets a splash of vibrant colour



This recipe serves six. MATTHEW MEAD/THE ASSOCIATED PRESS

Carne Asada with Confetti Salsa. The combination of fruity salsa & marinated meat makes this the perfect Mexican meal

The more time the sirloin tips bathe in this recipe's punchy marinade of lime juice, Worcestershire sauce and garlic, the better. So while it calls for marinating the meat for about two hours, don't hesitate to toss them in as you head out to work in the morning. You'll be rewarded when you get home and crank up the grill.

To save time, you could sub-

stitute a mango or other fruity jarred salsa for the one made as part of this recipe. If you have time, this salsa is a chunky hodge-podge of bell pepper, tomatillos, avocado, mango, tomato and red onion, with a bit of heat from a chipotle chili in adobo.

1. In a large zip-close bag, combine the sirloin tips, lime juice, salt, Worcestershire sauce, olive oil, black pepper and garlic cloves. Shake to coat the meat. Refrigerate for two hours.

2. Meanwhile, in a large bowl combine the bell pepper, tomatillos, avocado, mango, tomato, red onion, chipotle, adobo sauce, garlic, lime juice and cilantro. Stir well, then season

with salt and black pepper. Refrigerate for 30 minutes before serving.

3. When ready to cook the steak, heat a grill to high.

4. Drain the meat, discarding the marinade. Use paper towels to pat the meat dry. Sear on the grill, about four minutes per side for medium-rare. Serve with the confetti salsa.

THE ASSOCIATED PRESS

Ingredients

For the meat:

- 2 pounds sirloin tips
- 2 tbsp lime juice
- 1 tsp salt
- 2 tbsp Worcestershire sauce
- 2 tbsp olive oil
- 1 tsp black pepper
- 2 cloves garlic, smashed

For the salsa:

- 1 yellow pepper, cored, diced
- 3 tomatillos, diced

- 1 avocado, pitted and diced
- 1 mango, pitted and diced
- 1 large tomato, diced
- 1/2 small red onion, diced
- 1 chipotle in adobo sauce, minced
- 1 tbsp adobo sauce
- 1 garlic clove, minced
- 3 tablespoons lime juice
- 1/4 cup chopped cilantro
- Salt and ground black pepper

Mole Chicken Enchiladas. Made easy

1. In blender, combine onion, garlic, almond butter, water, broth, tomatoes, bread, hot sauce, cocoa powder, chili powder, cumin, cinnamon and lime juice. Blend until smooth, then transfer to sauté pan. Bring to simmer over medium heat, stirring often, and cook for eight minutes. Taste, then season with salt and pepper.

2. Add chicken to pan and stir well. Return to simmer and cook just until heated through.

3. Wrap tortillas in damp paper towel, then microwave for 20 seconds, or until tender.

4. One at a time, spoon some

of the mole chicken filling down the centre of each tortilla. Roll, then arrange on a serving platter. Repeat with remaining tortillas and filling.

Spoon a bit more of the filling over the rolled enchiladas, then crumble the queso blanco over them.

THE ASSOCIATED PRESS

Ingredients

- 1 small onion, quartered
- 1 clove garlic
- 1 cup almond butter
- 1 cup water
- 1/2 cup chicken broth
- 1/2 cup diced tomatoes
- 1 slice soft sandwich bread
- 1 tbsp hot sauce
- 1 tbsp cocoa powder
- 1 tsp ancho chili powder
- 1/2 tsp ground cumin

- 1/4 tsp cinnamon
- Juice of 1 lime
- Salt and black pepper
- Meat from a 2-lb rotisserie chicken, pulled into bite-size pieces
- 8 corn tortillas
- 1/2 cup crumbled queso blanco cheese (shredded cheddar or Jack cheese can be substituted)



This recipe serves four. MATTHEW MEAD/THE ASSOCIATED PRESS

3 LIFE

History

Celebration

Cinco de Mayo celebrates the victory of the Mexican Army over the French at the Battle of Puebla in 1862. Celebrations include not only wonderful Mexican foods, but also parades, mariachi music and folk dancing.

Traditional Mexican cuisine varies vastly from region to region in Mexico.

The earliest Mexican agricultural staples were beans, squash and chili peppers, with corn arriving some 2,000 years later. Staples expanded to include avocados, coconuts, tomatoes, sweet potatoes, peanuts, chia seeds, and more varieties of beans.

The herb of choice was usually epazote, similar to cilantro in its strong, pungent flavours. Meanwhile, meats included turkeys, ducks, quail, peccaries, pigeons, and a wide variety of fish and shellfish.

Early traditional dishes included atole (porridge), tortilla, tamales (filled pastries, both savory and sweet) and soups. The cuisine has expanded to include a wide variety of dishes way beyond burritos, tacos and salsa.

METRO

On the web



Cinco de Mayo goes sweet with recipe for Mexican chocolate honey cake

metro

GOLF GUIDE

Weekend, May 4-6, 2012



The view down the 18th fairway at Windsor Park Golf Courses. The picturesque course is just one of many that local golfers can visit. CONTRIBUTED

Swing by one of Winnipeg's local links

Options. Each course around the city offers a different challenge for golfers

SEAN
LEDWICH
For Metro

Winnipeg golfers have plenty of room to play. Golf course supply outstrips demand by 10 per cent, according to a city report, so getting a tee time should not be a problem.

Alan Shane, the acting chief operating officer for Winnipeg Golf Services, said the city owns 12 of about 25

golf courses in Winnipeg.

Shane, an avid golfer since 1972, said he plays all the courses, though Kildonan Park is his favourite.

"Did you know Bob Hope learned to play golf at Kildonan?" asked Shane, citing J. Alan Hackett's book *Manitoba Links: A Kaleidoscopic History of Golf*. The 18-hole Kildonan Park Golf Course was Winnipeg's first, he said, opening in 1921, back when Hope and a slew of other stars were working the vaudeville circuit.

It's a forgiving course, with thin tree lines between fairways making for easy recovery shots. And it's the most popular of the 12 city-

owned courses. In 2010, there were 29,500 rounds played at Kildonan, Shane said, almost 6,000 more than second-place Windsor Park.

Brian Kostiw, 52, has been playing golf in Winnipeg for 40 years and fondly recalls Kildonan's par-3, 10th hole with its train trestle bridge looming between tee and green.

"As a kid we didn't have the strength to go over the bridge, so we'd go under."

Kostiw, a kid no more, also regularly plays Windsor Park (picturesque), Wildewood Club (treed), and Rossmore Country Club (one of Canada's best).

But if you are still a kid, go

get your parents, or a friend at least 18 years old, because Shane has a freebie offer.

"Kids 17 and under play for free at Crescent Drive and Harbour View golf courses on Saturdays, Sundays and holidays between 1 and 5 p.m. when accompanied by a paid adult," he said, adding both courses are nine-hole par 3's and "absolutely wonderful places to learn golf."

There are many other golf options in Winnipeg, though some are private so call before you go. The Yellow Pages or websites like scoregolf.com and golftmax.ca list courses in and around the city.

And remember, keep your eye on the ball.



The train trestle presents a unique challenge at the Kildonan Park Golf Course par-3 10th hole. Go over, or under? CONTRIBUTED



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5 keys to a great swing

**BRIAN
KENDALL**
For Metro

Balance

Canadian golf legend George Knudson liked to compare the ideal golf swing to the elegance and perfect balance of a ballet performance by Mikhail Baryshnikov. Many weekend golfers hit consistently poor shots because they lose their balance trying to emulate the rapid-fire swings of PGA Tour stars. Almost all would benefit by slowing things down and playing within their abilities. The goal is to swing with the same smooth rhythm on all shots with all clubs, from driver to putter.

One-Piece Takeaway

The first few inches of the backswing usually determine how effective a shot will be. A low one-piece takeaway — rather than an almost immediate lifting of the club — widens the swing arc, maximizes distance, and improves accuracy. Try to think of the club shaft as a continuation of your lead arm. Hands, arms and the club move smoothly back together as the body begins its natural turn in the backswing.



Amateur golfers should try to slow their swings down and play within their abilities. ISTOCKPHOTO/THINKSTOCK

A Compact Swing

Emulating long-hitting John Daly, high handicappers often take their club well past parallel at the top of the backswing in an attempt to maximize distance. But a shorter and more controlled backswing is far more likely to find the fairway and lead to lower scores. The easiest way to develop a compact swing is by keeping your elbows consistently tight to your body from address to finish. Flailing elbows inevitably lead to sloppy and inconsistent shots.

Stay On Target

Even scratch golfers will occasionally watch mystified as their shots stray off-line. One great way to improve accuracy is by consciously extending the club head down the target line for an instant longer following impact. Extending the impact zone will automatically lead to a full extension on the follow-through and a nice, high finish.

Hold Your Finish

Knudson, one of the premier ball-strikers of his genera-

tion, spent more than a year learning to emulate the perfectly balanced finishing position of his hero Ben Hogan.

A smooth finish improves your chances of making a great shot and is the natural conclusion of a successfully executed golf swing. Practise by holding your finishing position until your shots have landed and stopped bouncing. This will force you to finish every swing in perfect balance — just like the pros.

BRIAN KENDALL IS AUTHOR OF NORTH-ERN LINKS: CANADA FROM TEE TO TEE.

4 steps to better golf

1 Make your mind your best club. Golf demands an equal mix of physical ability and mental focus. To enjoy the game, a player must learn to let go of negative thoughts and approach each shot as a fresh opportunity. A consistent pre-shot routine is essential to mental focus. Once you develop a routine, follow it every time. Visualize each shot — see the ball's flight in your mind's eye. Eliminate negative thoughts, particularly once you begin your swing. If negative thoughts enter your mind, walk away from the shot and start your routine over again.

2 Be a swinger, not a hitter. Hitters tend to use their arms to power the club, while swingers rely on their hips and core. In general, swingers tend to have an easier time of it. Hitters often struggle to hit with just the right amount of force every time. Balance is also an issue — if you have to move your feet during or immediately after a shot, you are not balanced. Use a relaxed grip and swing the club as effortlessly as possible.

3 Swing from your hips: The best golfers use their core: Once they have completed their backswing, their hip muscles initiate the swing. A common misconception is that the harder you swing, the further the ball will travel. In fact, the opposite is true; consistent distance has more to do with balance and alignment than it does with muscle power.

4 Practise like you play: Most people at the driving range hit drive after drive after drive — something they will never do on a real course. Your game will benefit much more if you start with a good warm-up and then hit a mix of different shots. Play pretend holes of various distances. Pick a spot on the range and drive for that spot; if you come up short, add that yardage to your next shot. This way, you might end up hitting a drive, followed by an approach and a pitch or chip shot. If you mis-hit a shot, you will have to recover by hitting another one — much as you would on an actual course.

PETER DOYLE



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What's new. Technology keeps making the game more accessible

With the world literally in the palm of our hands, we see the benefits of technology each day. That commitment to development extends to the links, as new technology has made the game more accessible to players of all abilities.

Darren Allison, a co-owner at Bob Martin's Golf, Ontario's leading independent golf retailer, explained that new club and ball technology can help correct those persistent hitch-

es and kinks in an amateur golfer's swing.

"This year's hottest new advancement is probably TaylorMade's RocketBallz RBZ fairway woods and hybrid clubs," Allison explained. "There are also drivers with an adjustable head for loft and face. You can open it, close it — it's good for the occasional golfer as you can set it to correct a particularly nasty slice."

Ball technology continues

to develop, with old standard Titleist still leading the pack. But a surprising name has joined the fray — Bridgestone. "These balls feature different cores and more layers," Allison explained. "They're more lively and golf balls are definitely longer than they were 15 years ago."

While not saying that golf technology has reached a plateau, it is going to be harder to find room for improvement due to restrictions in the game's rules.

"It's tough to say what's going to come next. You can't make the club heads any bigger, legally," he said, adding the future may focus on cosmetics. "Some companies are releasing clubs with all-white heads. It's not a game benefit; it's a marketing benefit."

One of the most advantageous pieces of golf technology isn't something you swing or hit — it's something you hold in the palm of your hand.

"GPS and range finders are great tools — they can let you know exactly how far you are away from the pin," Allison explained. "Most of the courses are mapped out, so all you have to do is search for the course in the menu and you're ready to go." JASON MENARD



Ball technology continues to develop for golfers. ISTOCKPHOTO/THINKSTOCK



The social aspect is one of the many benefits of heading out to a golf course for a round. INGRAM PUBLISHING/THINKSTOCK

The many benefits of golf

Not just a good walk spoiled. A day on the links tests physical and mental abilities

PETER DOYLE
For Metro

Golf is a unique sport — while it is incredibly difficult to master, it is remarkably easy to play at a beginner's level. And the physical, mental, social and professional benefits of golf are accessible to anyone, regardless of ability.

Physical

Golf can be good exercise, particularly for players who carry their clubs through a round of 18 holes. Even the best golfers will walk five to seven kilometres during a round; beginners with poor aim can expect to walk much more. And given that many courses feature rolling hills,

golfers who carry their clubs for 18 holes typically burn more than 400 calories per round.

Golf's swinging motion helps tone the arms, back and shoulders, and increases flexibility and range of motion. Golf can also improve hand-eye co-ordination and balance. As a sport for people of all ages, golf is a great way to get seniors active and to encourage children to take up a lifelong, healthy habit.

Mental

Golf's challenges are as much mental as physical; players must repeatedly focus their attention on striking a ball with a club — a feat that appears relatively easy, but is actually quite difficult. Mastering the ability to concentrate on a single task, particularly in our modern, multi-tasking, hyper-connected era, is extremely beneficial because it carries over into so many other aspects of life. The ability to

focus on future opportunities while letting go of recent failures is another valuable mental skill.

Getting out in the great outdoors can be a welcome tonic. For many players, golf relieves stress and serves as an escape from the doldrums of day-to-day life. Research has shown that playing golf releases endorphins — powerful, mood-enhancing hormones — that improve mood and attitude.

Social and professional

Golf can also benefit your social life and professional status. The five hours or more it takes to play 18 holes leaves lots of time for conversation. And most courses stage regular social events, such as tournaments and league nights, that will enable you to play with golfers you don't know. On the professional side, golf has long been associated with forming new business partnerships and closing deals.



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ISTOCKPHOTO/THINKSTOCK

BRIAN KENDALL
For Metro

Golf is even more a mental than physical game. Just as in chess, it's vitally important to think two or three shots ahead. The fewer mental errors you make, the lower your score.

It's not rocket science. If you consistently spray shots with your driver, then on tight holes reach for a three-wood, five-wood or another club that will keep you on the fairway. Hate playing out of sand? Then always try to play away from bunkers. Can't chip to save your life? Better to use a putter whenever possible from off the green.

And, yet, most weekend golfers consistently throw away shots by trying to emulate the herculean efforts of PGA pros. But it's far better to accept your limitations. Don't even think of trying a shot you realistically know you have less than a 50 per cent chance of making.

Follow this sensible formula and you will be amazed by how quickly your handicap shrinks. Golfers now shooting around 90 on average can clear-think their way into the low 80s — and maybe even oc-



STOCKBYTE/THINKSTOCK

asionally sneak into the high 70s. The key is to turn double-bogeys into bogeys and avoid blow-up holes by setting out to play every hole with a common sense plan.

Say, for instance, you are on the tee of a difficult 440-yard par 4. It's not likely you will be able to reach the green in two shots. So why try?

Better to play a smooth three-wood out to the middle of the fairway, and then hit your second shot with whatever club will get you to 80 yards — or so — from the green. All you have to do now



ISTOCKPHOTO/THINKSTOCK

is pitch the ball somewhere safely on the green and two-putt for a bogey. You might even sink the putt for par.

Remember, the correct shot is always the one most likely to give you the best results. Keep

the ball in play and the double-bogeys and blow-up holes will quickly disappear from your scorecard.

BRIAN KENDALL IS THE AUTHOR OF NORTHERN LINKS: CANADA FROM TEE TO TEE.

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4

SPORTS

Quoted

"I'm sorry to say, Superman is dead. All of us can appear to be super, but all of us need to reach out and find support when we're hurting."

Shawn Mitchell, a chaplain for the San Diego Chargers, Junior Seau's former team. The San Diego County medical examiner's office ruled Seau's death a suicide on Thursday. The autopsy said Seau died of a gunshot wound to the chest. The medical examiner's office was awaiting a decision by the family Thursday on whether to turn over Seau's brain to unidentified outside researchers for study. Seau died Wednesday in his home in suburban Oceanside.

On the web



Victoria's Ryder Hesjedal is set to start the storied Giro Italia this weekend as the team leader for Garmin-Barracuda. Hesjedal says the three-week long 3,503.9-kilometre race "can be harder" than the Tour de France. Scan the code for the story.

NHL

Devils jump into lead in Round 2

Alexei Ponikarovsky scored on his own rebound with 2:39 left in overtime and the New Jersey Devils defeated the Philadelphia Flyers 4-3 Thursday night to take a 2-1 lead in this Eastern Conference semifinal series.

Patrik Elias, Ilya Kovalchuk and Zach Parise also scored for the Devils, who killed off two penalties in overtime before Ponikarovsky came through with his first goal of the post-season on a backhandler that sneaked past Ilya Bryzgalov.

Kovalchuk, who missed Game 2 with a lower body injury, also had two assists in his return, including one on the game winner. Danny Briere, Matt Carle and Brayden Schenn tallied for the Flyers. Bryzgalov had 27 saves. **THE ASSOCIATED PRESS**



The Devils celebrate Zach Parise's goal on Thursday.
BRUCE BENNETT/GETTY IMAGES

Bombers deal on draft day to fill hole at tackle

CFL. Winnipeg moves up to No. 3 in trade with Ticats to land Pencer

Winnipeg Blue Bombers GM Joe Mack is looking at six-foot-eight draft pick Tyson Pencer to help fill the very large shoes of players like recently retired tackle Doug Brown.

"We've talked a lot, all of us, about the need for Canadian talent," Mack said Thursday, after giving up his eighth and 13th picks to Hamilton in order to move up to the No. 3 spot in the first round of the 2012 CFL draft and grab Pencer.

Mack also pointed to the loss of Saskatchewan native Brendon LaBatte, who left in the off-season as a free agent to play for the Roughriders. LaBatte was an offensive lineman.

"You're always trying hopefully to get someone that can eventually be a starter."

Mack said he sees that in Pencer, a native of North Delta B.C., who impressed Mack when playing at Washington State.

"He played left tackle at Washington State against some

Quoted

"He said that he wants to be one of the all-time great Bombers. That's great to hear."

Bomber GM Joe Mack on No. 3 Canadian draft pick Tyson Pencer.

really good competition as a young man."

Last season he left for the Okanagan Sun of the Canadian Junior Football League, but Mack says injuries and academic problems kept Pencer off the field.

"We've spoken to him already. He's very, very excited. He's healthy. He's feeling great about it."

Mack expects Pencer to report to camp this season.

"Wow!! Dreams come true!! I'm a Winnipeg Blue Bomber!!" Pencer tweeted shortly after he was picked.

The Bombers identified Pencer as one of three players who could help the team return to the Grey Cup, which they lost last year to the B.C. Lions.

Pencer wasn't even seeded in the top-10 picks.

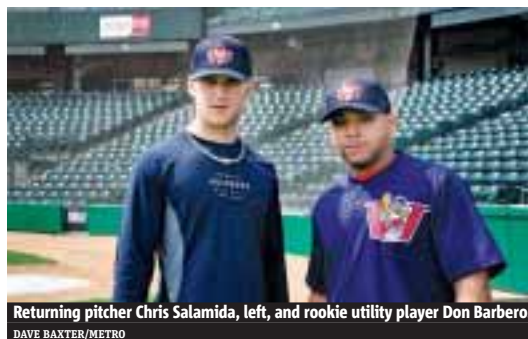
THE CANADIAN PRESS



Heenan's No. 1 at CFL draft

Jim Hopson, president and CEO of the Saskatchewan Roughriders, left, with University of Saskatchewan Huskies offensive lineman Ben Heenan in Saskatoon. The Roughriders took Heenan with the first overall pick of the 2012 CFL Canadian college draft on Thursday. **MORGAN MODJESKI/METRO SASKATOON**

Goldeyes seek redemption after heartbreak



Returning pitcher Chris Salamida, left, and rookie utility player Don Barbero.
DAVE BAXTER/METRO

The memories Louis Ott's error that ended the Winnipeg Goldeyes championship dreams last season in the second round of the playoffs still haunt pitcher Chris Salamida.

"I was on the mound and I remember it like it was yesterday," said Salamida. "It was a routine play but the ball just got away from him. It happens."

Salamida is back for his third season with the team and said he desperately wants to take home a championship,

something that has eluded him his entire career.

"I'm more worried about team goals than personal ones, and the ultimate goal is a championship."

Goldeyes training camp opens this weekend and will feature a large number of new players, but that is something Goldeyes manager Rick Forney expects from independent baseball.

"Independent baseball lacks stability," said Forney. "So we bring in new guys and get on with it."

Forney is looking for his 2012 team to play up to the standard of last year's North Division-best 60-40 record and then take the next step in the playoffs when the time comes.

"We had a good team. We played a high level of baseball and were consistent all year. It was just an unfortunate incident that ended our season. We want to go farther in the playoffs this year."

The Goldeyes regular season kicks off on the road May 18 against the Amarillo Sox.

DAVE BAXTER/FOR METRO

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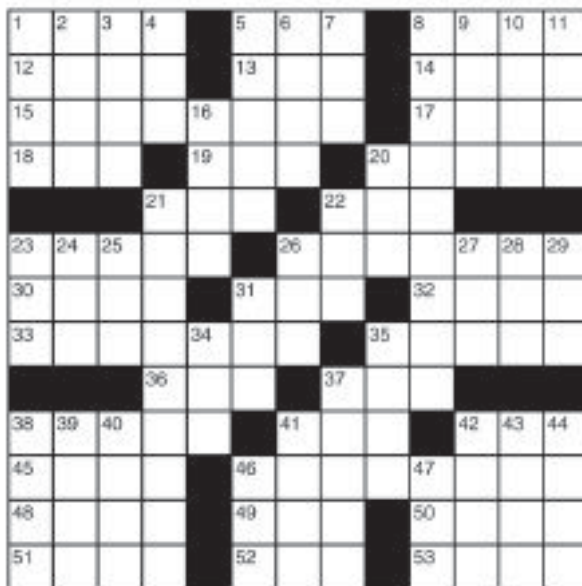
DANDRUFF

Crossword

Across

- 1 Pay attention
5 Actor McBride
8 Faux pas
12 Gymnast Korbut
13 "2001" computer
14 — list (agenda)
15 Words from 26-Down
17 Rock partner
18 Blue
19 Before
20 Photocopier's ancestor
21 Malicious
22 Diving bird
23 Godzilla's bailiwick
26 Experience
30 October birthstone
31 London hrs.
32 "The Cosby Show" son
33 Bankrupt
35 Pounce down
36 Years in a decade
37 Halloween shout
38 Scuffle
41 Winter ailment
42 Hawaiian garland
45 Smell
46 Words from 26-Down
48 Judicial garb
49 Corn spike
50 Hurried
51 Differently

- 52 Elev.
53 Fermi's bit
Down
1 Beer ingredient
2 Singer Fitzgerald
3 "Holy cow!"
4 Rotation duration
5 Variety of beet
6 Patriot Nathan
7 Under the weather
8 Words from 26-Down
9 Weaving apparatus
10 Between assignments
11 Horseback game
16 Legume
20 Pie filling?
21 Words from 26-Down
22 Pismire
23 Profession
24 Gorilla
25 Crony
26 Diamond boss
27 Greek P
28 Earth (Prefix)
29 "Alley —"
31 Pistol
34 Nevertheless
35 Tart-tasting
37 Utter impulsively
38 Golfer's warning
39 Pedestal occupant
40 Sailors



- 41 Colt or filly
42 Stolen goods
43 Modern money

- 44 Particular
46 Verily
47 Schedule abbr.

Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku

1	8	4	3	2	5	7	6	9
3	6	5	4	9	7	1	8	2
9	2	7	6	1	8	5	4	3
2	5	6	1	4	3	8	9	7
7	1	9	5	8	2	4	3	6
4	3	8	9	7	6	2	5	1
6	7	1	8	5	9	3	2	4
5	4	3	2	6	1	9	7	8
8	9	2	7	3	4	6	1	5

Yesterday's Crossword



Cryptoquip

How to play

This is a substitution cipher where one letter stands for another. Eg: If X equals O, it will equal O throughout the puzzle.

VYSR UVQ ELB EQILRSD KNU
QR BPQISD WRA DUWCU
DKWCCLRB. VQNP A KSQKPS
DWX UYSX'CS EQMLR' QMSR?
Yesterday's Cryptoquip: IF SOMEBODY
DETONATED EXPLOSIVES BY YOU, I EXPECT
THAT MIGHT HAVE A BLASTING EFFECT ON
YOU.
Today's Cryptoquip Clue: K equals P



For today's crossword answers and for expanded horoscopes, go to metronews.ca

Horoscope

♈ Aries | March 21 - April 20. It may seem as if someone you live or work with is keeping things from you but according to the planets that isn't the case at all.
♉ Taurus | April 21 - May 21. Put your own needs on hold and help someone with an emotional problem that they are finding difficult.
♊ Gemini | May 22 - June 20. With Venus in your sign linked to your ruling planet Mercury, your powers of persuasion are awesome.
♋ Cancer | June 21 - July 22. Don't let anyone tell you that you are aiming too high or expecting too much of yourself. If anything, you should be expecting a lot more.

♌ Leo | July 23 - Aug. 22. Be who you are, not who other people say you should be. You are under no obligation to change your ways to suit family and friends.
♍ Virgo | Aug. 23 - Sept. 22. Something you say today may not go down well with friends. That's OK because the truth needs to be told.
♎ Libra | Sept. 23 - Oct. 22. The approaching full moon will compel you to make changes. They may be painful but they are necessary too.
♏ Scorpio | Oct. 23 - Nov. 21. The planets indicate that a time of new beginnings is here at last but to make the most of it you need to sweep away all traces of the past.

♐ Sagittarius | Nov. 22 - Dec. 21. You need to face up to your problems. Most likely they are not real problems at all, just doubts.
♑ Capricorn | Dec. 22 - Jan. 20. You may be the most practical member of the zodiac but you have your dreams like everyone else and one dream is now within reach.
♒ Aquarius | Jan. 21 - Feb. 18. People in positions of power are watching you closely, so put on a show over the next couple of days.
♓ Pisces | Feb. 19 - March 20. Get creative and think of ways you might be able to make your life more exciting — and more profitable too.
SALLY BROMPTON

Weather

TODAY



MAX: 13°
MIN: 2°

SATURDAY



MAX: 13°
MIN: 5°

SUNDAY



MAX: 18°
MIN: 10°



JENNA KHAN
WEATHER SPECIALIST

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Caption Contest

"Bono called? Wants his shades back, does he?"

David

BELA SZANDELSZKY / THE ASSOCIATED PRESS

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\$25,999*
OR **\$169***



SYNC, WELL-EQUIPPED, UP TO 49 MPG!

2012 FORD FUSION
\$17,499* / \$119*



5 DOOR, AUTOMATIC, UP TO 55 MPG!

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RAIN SENSING WIPERS, TOUCH SCREEN, LOADED

2012 FORD FOCUS TITANIUM
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**LIFETIME
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*All prices and payments are plus taxes, freight and dealer installed options. Prices and payments are based using all of Ford of Canada's delivery allowance. Bi-weekly payments are based on a 84 month term at 4.99% APR OAC. Extended term finance rebate of \$3000 is used on the Focus and \$2750 extended term finance rebate is used on the Fiesta. Costco rebate of \$1000 is used on the Fusion and F-150. Photos are for illustration only.

†Some exclusions apply. See dealer for complete details. **WE DO NOT CHARGE ADMIN FEES!**